

EARLY INTERVENTIONS for TRAUMA & CRITICAL INCIDENT STRESS 5 DAY TRAINING COURSE – 15-19 APRIL 2024

Conducted by Rob Gordon, OAM, PhD, FAPS, FCCLP.

This 5-day intensive training course prepares experienced human service professionals to understand effects of trauma and critical incidents on staff and clients in high stress human service environments. Theory and skills to safely conduct psychological first aid, immediate clinical support, defusing and debriefing sessions following critical and traumatic incidents are covered, together with limits of these techniques. It introduces principles of clinical treatment of trauma.

Course notes and a certificate of attendance are provided.

The course consists of:

- Theory of critical incident stress, traumatic stress and crisis;
- Information about stress responses and symptoms of stress and trauma;
- Discussions of work-related hazards and stresses;
- Theory and practice in psychological first aid;
- Principles of management and support for affected staff;
- Demonstrations of Defusing and Debriefing technique;
- Techniques of early trauma intervention
- Opportunities to develop skills through role-play and observation;
- Discussion of participants' experiences and workplace issues.

Course Dates: 15 – 19 April 2024

Venue: Police Association Training room
70 Jolimont Street, East Melbourne 3002. (see map overleaf)

Time: 9am – 4pm

Cost: \$1,375 (incl GST; Payable at the commencement of the course)

Registration: Please return the registration below as soon as possible or by **3 weeks before the starting date of the course (Places are limited).**

Training manual, morning and afternoon tea and lunch are provided



Dr Rob Gordon is a clinical psychologist who was Clinical Director of the Victorian Department of Human Services CISM Service for 18 years. He is consultant to the Victorian Depts of Education and Training and Families, Fairness and Housing for Emergency Recovery and Australian Red Cross Emergency Services and consults to a range of health, welfare, judicial and emergency services. He is an experienced trainer and has been an associate of Monash, Melbourne, Swinburne and New England Universities. He is

President of the Australian Confederation of Psychoanalytic Psychotherapies, and Director of Training for the Australian Association of Group Psychotherapists; he conducts a private practice in group and individual psychotherapy and organisational consulting.

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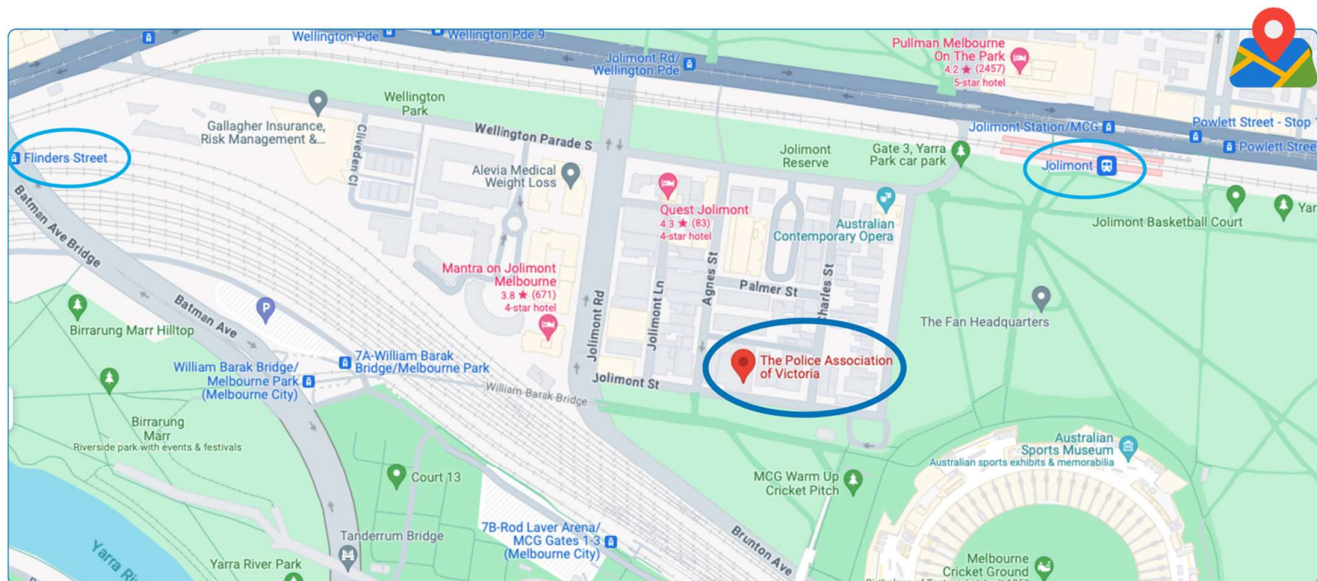
I wish to attend the Trauma & CISM Training Course on **15 – 19 April 2024.**

Name:		Organisation:	
Address:			
Mobile:		Email:	
Phone:		Fax:	
Profession:		Tax Invoice:	<input type="checkbox"/> (Please Tick)
Dietary Restrictions:			

Return to: Rob Gordon, 921 Station Street, Box Hill North, 3129, T/F: 03 9890 0598, Email: rob@robgordon.com.au

WORKSHOP PROGRAM

DAY 1	
AM	The work role and work attachment in critical incident stress; Normal assimilation of experience and its disturbance by stress critical incident stress and traumatic stress
PM	Theory and technique of Immediate response to stress - defusing. <i>Demonstration 1: Defusing</i> by RG to scenario provided by participants
DAY 2	
AM	The social context of critical incidents; the Life Continuum. The role of social support and management in recovery from traumatic incidents. The structure and technique of Debriefing sessions
PM	<i>Demonstration 2: Debriefing</i> by RG to scenario provided by participants
DAY 3	
AM	Contrasting degrees of critical and traumatic stress. Processes, symptoms and treatments Assumptions and limitations for conducting debriefing sessions. Other treatments and strategies <i>Role Play 1: Defusing</i> by Participants to scenario provided by RG
PM	<i>Role Play 2: Debriefing</i> by Participants to scenario provided by RG
DAY 4	
AM	Theory and technique of individual trauma intervention Identifying clinical needs in working with trauma. Strategies for referral and management Development and maintenance of trauma response teams.
PM	<i>Role Play 3: Debriefing</i> by Participants to scenario provided by RG
DAY 5	
AM	Priorities and methods of providing immediate intervention after severe trauma; preparing treatment Clinical treatment of early trauma reactions (Acute Stress Disorder). Self care and support for working with trauma
PM	<i>Role Play 4: Debriefing</i> by Participants to scenario provided by RG



Training Location
The Police Association of Victoria
70 Jolimont Street, East Melbourne 30002



- Jolimont Station - 8 min walk
- Flinders Street Station - 4 tram stops



- Mantra on Jolimont
- Quest Jolimont
- Pullman Melbourne on the Park

Please forward to anyone who could be interested.
For enquiries contact cima_office@cima.org.au

Endorsed by

